



WEEKLY
MENU
PLANNING
SHEET

@LIVINGINCOLORBLOG



MONDAY

VEGGIE BOWL NIGHT

TUESDAY

MEXICAN FOOD NIGHT

WEDNESDAY

SOUP NIGHT

THURSDAY

VEGGIE BURGER NIGHT

FRIDAY

PIZZA/ITALIAN NIGHT

SATURDAY

DINNER OUT OR TRY A NEW RECIPE

SUNDAY

DINNER OUT OR BREAKFAST FOR DINNER



BREAKFAST:

LUNCH: